

ABSTRACT OF THE DISCLOSURE

An elongated bumper core of a polyolefin-based resin-containing foam having a density of $0.045\text{--}0.2\text{ g/cm}^3$ and showing a compressive load of F_{20} at 20 % strain, a compressive load of F_{40} at 40 % strain and a compressive load of F_{60} at 60 % strain when compressed by a rigid pipe having an outer diameter of 70 mm at a compression speed of 500 mm/minute, wherein the ratio F_{20}/F_{40} is in the range of 0.6-1.3 and the ratio F_{60}/F_{40} is in the range of 0.75-1.3.